



# PAC Journal

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## March 2017

### Did You Know?

On 18 November 1605 Willem Janszoon, Captain of the Duyfken, owned by the Dutch East India Company, sailed from Bantam in the Dutch East Indies (now Indonesia) to the coast of western New Guinea. After that, Janszoon crossed the eastern end of the Arafura Sea, without seeing the Torres Strait, into the Gulf of Carpentaria. On 26 February 1606, he made landfall at the Pennefather River on the western shore of Cape York in Queensland, near the present day town of Weipa. This is the first recorded European landfall on the Australian continent. Janszoon proceeded to chart some 320 km of the coastline, which he thought was a southerly extension of New Guinea.

Finding the land swampy and the people inhospitable (ten of his men were killed on various shore expeditions), at Cape Keerweer ("Turnabout"), south of Albatross Bay, Willem Janszoon decided to return to the Dutch East Indies and arrived at Bantam in June 1606. He called the land he had discovered "Nieu Zeland" after the Dutch province of Zeeland, but the name was not adopted and was later used by Abel Tasman for New Zealand.

Though there have been suggestions that earlier navigators from China, France or Portugal may have discovered parts of Australia, the Duyfken is the first European vessel definitely known to have done so.

*Editor's note: The first Europeans known to have landed on the Australian continent preceded Captain James Cook by 164 years. If Janszoon had his way we would all be Dutch speaking New Zealanders!*

### What's on the Horizon?

Events for your diary:

✚ 1<sup>st</sup> April 2017

✚ 29<sup>th</sup>-30<sup>th</sup> April 2017

✚ TBA

✚ 9<sup>th</sup> September 2017

✚ 21<sup>st</sup> October 2017

✚ 3<sup>rd</sup> December 2017

✚ 10<sup>th</sup> December 2017

New Member Induction Day

RPAYC Club Marine Pittwater Sail Expo (See article below)

PAC Annual General Meeting

Slip Operators' Course

Working Bee

Pittwater Sailors' Christmas Party

PAC Christmas Party

### Club House Stuff

✚ Bluetooth

When in the club house you can connect your iphone or ipod to the speakers using Bluetooth and play your music. The Bluetooth receiver is located to the right of the office door.

### ✚ Library

Many members are not aware that we have a very good maritime library located in the north-eastern corner of the club room. It's absolutely free so just take a book and be sure to return it when you have read it.

### ✚ The Swap Table

It may also come as a surprise to many members that there is a table adjacent to the winch at number 2 slip which is used as a means of unloading any useful boat bits you no longer want or finding some pre-loved bits you do. Please don't leave junk on it, we have a skip bin for that. Just leave anything that might be useful to other members or check it out for bits that might be useful to you. One PAC member found a great fender on it the other day which he has already put to good use.

## An Accolade for Casey Van Dyke

Last month's PAC Journal carried an article on a Beneteau trawler which nearly sank on the outer fuel wharf at the Royal Motor Yacht Club on New Year's Eve. Here's the boat safely up on the slip the following day.



If you'd like to read the letter RMYC wrote to Casey please click [here](#).

## We Have a Defibrillator in the PAC Clubroom – Would You Know How to Use it in an Emergency?

If you have attended a PAC or any other First Aid training course you won't have a problem. If you haven't, please read on. Standard Automated External Defibrillators (AEDs) can be used on people over the age of 8 and are safe even if you're not sure that the person is having a cardiac arrest. Perform CPR until the AED is ready to use.

- ✚ Start the AED by pressing the button or operating the lid as required.
- ✚ The AED will automatically start by giving you a series of audible instructions.
- ✚ With the patient lying on their back, clear the chest of clothing.
- ✚ Apply the pads to the chest as per the diagram on the AED.
- ✚ Once the pads are in place, the AED will analyse the heartbeat to determine whether a shock needs to be delivered. If it is it will tell you to move away.
- ✚ The AED will tell you when to resume CPR if the shock was unsuccessful. Many models have an audible beat to press to.
- ✚ Continue CPR until the AED tells you it is ready to deliver the next shock.
- ✚ Continue this cycle until the patient responds or the ambulance has arrived.

## An Extract from an Insurance Claim for Personal Accident

In my haste to prepare the boat well in advance of the first race, I allowed the spinnaker halyard to run to the top of the mast. My crew were not due to arrive for another hour and not wishing to be embarrassed by this unfortunate incident, I devised a plan to retrieve the halyard, taking advantage of the fact that my boat was fitted with an external main halyard.

I calculated that a large plastic garbage bin, full of water would be heavier than me, due to my slender build. I quickly gained possession of a bin from behind the club premises and by means of a system of ropes, secured the bin to the main halyard. By lowering the bin over the side of the boat, it filled with water while I set up a system to secure the tail of the halyard to one of the winches. To ensure that the bin would be heavier than me, I also added a house brick.

I winched the full bin to the masthead and secured a loop for my foot, in the end of the halyard now held by the winch. I was now in a position to be taken to the top of the mast by the weight of the bin, where I could retrieve the spinnaker halyard and slide gently down the mast.

When I released the winch, my ascent to the top of the mast commenced with greater speed than anticipated. (Subsequent enquiries revealed the bin to be oversize). As I rose, I was not successful in avoiding the descending bin, and received a severe blow to my neck, and upper arm. The impact of the descending bin pushed me beneath the mast spreaders, my left shoulder was bruised and the left side of my neck severely stretched.

However, I remained alert and continued to hold tight the halyard with both hands.

Unfortunately, my speed to the top was such, that my fingers were drawn into the pulley causing multiple contusions and lacerations. At the same time, the bin hit the deck of the boat with considerable impact, causing the sides of the bin to split. As the water drained out, I became heavier than the bin and slowly began to descend. My speed accelerated and I received a glancing blow to my left buttock from the spreader which also threw me in the path of the ascending bin. The bin caused bruising to my right buttock and removed skin from my right leg. My descent was stopped by the boom, but unfortunately my legs had gone either side. My natural reaction was to crouch forward from the effect of the impact to the sensitive regions of my body. In doing so my forehead hit the mast.

At this stage I must have lost my presence of mind for it appears I let go of the halyard. The bin was now free to descend and as it did so, it was turned upside down as it passed the spreaders tipping the remaining water and the brick onto my head.

As I lost consciousness the upturned bin fell over my head and shoulders, and I was found by my crew some minutes later. They did not need to use a defibrillator.

I respectfully request payment of the attached, medical bills in due course.

*Editor's note: This is a true account. PAC has been reimbursed for the broken garbage bin. Would I lie to you!*

## 2017 RPAYC Club Marine Pittwater Sail Expo

This event has been scheduled for the week-end of 29<sup>th</sup> and 30<sup>th</sup> April 2107. PAC members have been invited, courtesy of Chris Kavanagh, to this family friendly expo showcasing a range of marine products and services as well as the sport of sailing.

<http://www.pittwatersailexpo.com.au/>

## Ladies and Gentlemen we are in Distinguished Company

On Australia Day 2017 PAC Member, Stewart Bonett was awarded the Order of Australia Medal for his work with Vietnam veterans and their families over the past 35 years. While Stewart is very modest about the honour bestowed upon him, we should all congratulate him and recognise the great service he has provided to those who put their lives and wellbeing on the line to serve our great country. Well done and well deserved Stewart Bonett OAM.



## Driveway Completion

The concrete driveway to the PAC owned unit adjacent to the club house has now been completed but needs a bit of landscaping alongside. This was a necessary investment as dangerous potholes had formed where the old dirt driveway met the road.



As you can see this makes a big improvement.

## PAC Resident Lumberjack, Casey Van Dyke at Work Again

The tree in the neighbour's yard behind Yard spaces 9 to 15 was struck by lightning a couple of months ago and had to be removed. This necessitated a repeat of the trailer removal from these spaces.

These two pictures show the deterioration in the tree between when we had the neighbour agree to pruning it last year and it's removal on the 13<sup>th</sup>.



Thanks to the boat owners who co-operated again by moving their boats/trailers to allow this job to be completed. All yard occupants will be relieved that this tree has gone as it was dropping heaps of leaves and branches in its dying days. The wind of course generously blew the debris for all boats' owners' benefit??

## Mokoia Goes South

Our PAC Secretary, Peter Doyle has kindly contributed an epic account of the voyage from Falmouth, England to Melbourne, Australia in a 39 foot timber built cutter which took place between October 1971 and July 1972. Peter, who at this time was trekking around deepest darkest Africa, having already travelled through some obscure parts of Europe joined the Mokoia and crew in South Africa for the final leg to Australia. The PAC Journal will present the complete account of this voyage from its conception, in serial form over the next few issues. It makes for compelling reading so don't miss an episode. Please [click here](#) to commence.

## 2017 PAC Basin Picnic and Breakfast

We were blessed with perfect weather conditions on Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> March 2017. Not as many turned up this year as in previous years; 27 for the picnic of which 20 stayed over for breakfast.

Saturday lunch consisted of BBQ chicken, big juicy prawns, a range of salads and bread rolls. Entertainment was provided by gladiator, Peter Doyle doing battle with the man eating goannas that kept coming at him from all angles. His only weapon was a garbage bin.



Sunday breakfast was prepared by about ten chefs who cooked up a mountain of eggs, bacon, tomatoes, fried bread and some mushrooms that miraculously turned up. The orange juice and fruit salad was popular too. The only wild life was one lonely wallaby hopping around.







From the big smiles and repartee around the tables I think we could say, a good time was had by all. Our sincere thanks once again to all of those who pitched in to help with all of the chores.

## Membership and Facility Fees 2017/18

You will have already received your annual invoice for renewal of Membership and Facility charges for the 2017/17 season. Any member not renewing or has change of details please advise. You are encouraged to direct debit to the Clubs bank account as shown on the bottom of your invoice.

Due date for fees is 31 March each year. **Memberships paid after the due date are classified as inactive and** enter the membership cancellation process. Members in this cancellation of membership process **may be subject to the Late Payment Reinstatement Process** (which requires the member to lodge, with payment of \$100 fee, a written 'explanation and appeal' to the Board not to have their membership cancelled). Members should be clear that this is not an extension of payment terms as membership may be cancelled even after payment of fee.

## Stickers

Club stickers for the 2017/18 season will be distributed in mid-April.

The annual stickers are to be displayed on Member vehicles when using the club parking area and the larger sticker to be displayed on the Members vessel.

Distributed with the boat sticker will be the new user id and password for the clubs Slip Booking system.